



Short Bio for Conference Handouts

Courtney Clark is the luckiest unlucky person in the world. After a series of major struggles beginning in her mid-20s, she has built two successful businesses and is the author of two books, including her most recent book *The Successful Struggle: Powerful Techniques to Achieve Accelerated Resilience*. She works with people who want to adapt faster and achieve more, and has spoken worldwide to organizations like Procter & Gamble, Dell, S&P, Humana, Cisco, and Cardinal Health.

Courtney's resilience work has been called "practical," "powerful," and "empowering" by industry leaders, and she's been featured in *Forbes*, *Psychology Today*, *USA Today*, and *The Chicago Tribune*. If she wasn't writing and speaking about resilience, Courtney would have wanted to be a tap dancer. Thankfully for her audiences, she wasn't very good at it.