



Instructions for Courtney's Introduction

Courtney and team have created this prepared intro for you to use. You certainly don't have to use it, but there are tons of benefits!

- It saves you time! You don't have to go digging through Courtney's website, bio, LinkedIn, etc. for relevant information.
- It's full of information that will capture your audience's attention. Traditional speaker intros are often just a list of the speaker's accomplishments. Instead, Courtney's intro is all about your audience! It focuses on what Courtney can do to help them, not where she went to school.
- It doesn't give away the stories she's about to tell onstage. It sets up the experience perfectly, without losing any of the drama of what she's going to say.
- It'll earn you a few laughs! Regular bio-style intros are boring, but this intro will have the audience laughing before Courtney even takes the stage, which starts the presentation on the right foot.

If you choose not to use this intro, we have one request: **please don't say**

"Courtney is a 4-time cancer survivor and brain aneurysm survivor!"

Many of Courtney's presentations are specifically crafted to talk about how life throws us challenges we don't expect, and she uses her experiences as an example. The feeling of unexpected surprise as she tells the story is part of the experience. Thanks for understanding!

Courtney CLARK Introduction

Have you ever found yourself wondering “Am I the only one constantly forced to do more with less? And do it faster?” (Spoiler alert: you aren’t)

Are you so stressed you don’t even have time to read an Internet article on how to **de-stress** without getting more stressed?

Does it feel like “change management” is pointless because change is never over anyway?

Our speaker today is here to help us develop the tools to be adaptable and resilient, no matter what we struggle with. She founded her first company at the age of 29, and is the author of two books: “The Giving Prescription” and “The Successful Struggle.”

When she’s not helping audiences build resilience, she’s spending time with her husband and three dogs, ALL of whom she found at the Humane Society...including the husband.

She’s spoken worldwide for groups like Nike, Dell, and Google.

If Pollyanna and Rocky Balboa had a love child, it would be our speaker today...

Please help me welcome from Austin, Texas, Speaker, Optimist, and World’s Worst Pictionary Player...

Courtney Clark