



Courtney Clark Introduction

Have you ever found yourself thinking “Why do these things always happen to me?”

Are you so stressed you don't even have time to read an Internet article on how to de-stress without getting **more** stressed?

Do you want to know how to handle life's big changes as quickly as possible?

Our speaker today is here to help us find a manageable perspective no matter what we struggle with. She founded her first company at the age of 29, and is the author of two books: “The Giving Prescription” and “The Successful Struggle.” She is the Past President of the Austin chapter of the National Speakers Association.

When she is not helping audiences build resilience, she's spending time with her husband and several dogs, ALL of whom she found at the Humane Society, including the husband.

If Pollyanna and Rocky Balboa had a love child, it would be our speaker today...

Please help me welcome from Austin, Texas, Speaker, Optimist, and World's Worst Pictionary Player...

Courtney Clark